

# **Barts Guild**

Friends of St Bartholomew's Hospital since 1911

# One Hundred and Ninth Annual Report and Accounts

2020 - 2021



# Barts Guild Calendar 2022

Surrounded by London's heritage



Friends of St Bartholomew's Hospital since 1911

PATRON: HRH THE DEIKE OF GLOUCESTER KG GCVO

The 2022 Barts Guild calendar illustrates the rich heritage of the vicinity of St Bartholomew's Hospital in the City of London



# **Barts Guild**

# Friends of St Bartholomew's Hospital since 1911

# **Annual Report and Accounts 2020-2021**

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The Guild wishes to express grateful thanks to TFW Printers (sales@tfwprinters.co.uk) for their help in producing this Annual Report.

Photography: Bob Cooper, Sue Fidler, Andy Haddon, Graeme Maynard, Neil Ritson, Hilary Tarr, Megan Tjasink

#### THE GUILD OF THE ROYAL HOSPITAL OF ST BARTHOLOMEW

(also known as Barts Guild)

Registered Charity No 251628

Affiliated to ATTEND – Enhancing Health and Social Care, locally

#### **PATRON**

HRH The Duke of Gloucester KG GCVO

**PRESIDENT** 

Mrs Ann Wickham

**VICE-PRESIDENTS** 

The Lady Mayoress

Mrs Margaret Gillett

Mrs Daphne Hamilton Fairley OBE

Mrs Pauline Hirst

Mrs Mary Kelsey-Fry

Lady Judy Percival

Mrs Alison Shepherd

**OFFICERS OF THE GUILD** 

at 31 March 2021

Chairman

Mr Ian McDowell

**Vice-Chairman** 

Mr Keith Bottomley CC

**Honorary Secretary** 

Ms Lesley Evans

**Honorary Treasurer** 

Mr Keith Bottomley CC

# COMMITTEE OF MANAGEMENT at 31 March 2021

#### **Ordinary members (elected)**

Mr James Ballinger Mr Steve Bench Mr Chris Hayes

Mr Christopher Hayward CC Mrs Jenny Jeyarajah Mr Neil Ritson

Mr Adrian Stirrup

Mrs Hilary Tarr

**Co-opted members** 

Mr Michael Hayden Mr Patrick Jennings

Mrs Wendy Mead OBE CC

Ms Jan O'Neill Mr Andrew Phillips

Miss Jackie Roe, Princess Alice Garden Co-ordinator

Sir Marcus Setchell KCVO Miss Niamh Whelan

#### Those with other executive responsibilities or invited to attend meetings

Mrs Elizabeth Clark, Administrator Mr Andy Haddon, Shop Manager

# **Report of the Trustees**

# Reference and administrative details of the charity, its trustees and advisers for the year ended 31 March 2021

#### **Trustees**

Ms Valeria Locatelli Co-Chair Resigned 06.08.20 Mr Ian McDowell Chairman Appointed 29.10.20 Mr Keith Bottomlev CC Vice-Chairman Resigned 29.10.20 Mr Christopher Hayward CC Vice-Chairman Appointed 29,10,20 Ms Lesley Evans Honorary Secretary Reappointed 29.10.20 Mr Keith Bottomley CC Honorary Treasurer Reappointed 29.10.20

Mr James Ballinger Reappointed 29.10.20 Dr Andrew Smith Mr Steve Bench Mr Adrian Stirrup

Mr Steve BenchMr Adrian StirrupReappointed 29.10.20Mr Chris HayesReappointed 29.10.20Mrs Hilary TarrReappointed 29.10.20Mrs Jenny JeyarajahAppointed 29.10.20Mrs Lynne WarnockRetired 29.10.20

Mr Neil Ritson Appointed 29.10.20

**Charity Registered Number: 251628** 

**Address of principal office** 

St Bartholomew's Hospital West Smithfield London EC1A 7BE

**Bankers** 

National Westminster PLC P O Box No159 332 High Holborn London WC1V 7PS

CCLA Charity Accounts Senator House 85 Queen Victoria Street

London EC4V 4ET

Independent Examiner

Blue Spire Limited Cawley Priory South Pallant Chichester PO19 1SY

Cambridge & Counties Bank Limited Charnwood Court

Resigned 02.01.21

Charnwood Court 5B New Walk Leicester LE1 6TE

United Trust Bank Limited One Ropemaker Street London EC2Y 9AW

#### Structure, governance and management

#### **Structure of the charity**

Barts Guild is an Unincorporated Association charity. Its governing document is its Constitution which was revised, agreed and adopted by the Guild's Management Committee, the Guild's membership and the Charity Commission in November and December 2013. It was further amended, agreed and adopted in October 2018. In recent times the governing document has been updated in 2000, 2002, 2013 and 2018. (See also website www.bartsguild.org.uk.)

Five meetings of the Management Committee (MC) of trustees take place during the year. In addition, a number of sub-committees take the Guild's activities forward in the following areas: Grants; Finance and Accounts; Investments; Membership; Fundraising; Publications and Publicity; IT and Website; Shop and Business.

#### **Recruitment and appointment of new trustees**

The charity in general meeting shall elect the officers and the other trustees. The trustees may appoint any person who is willing to act as a trustee. The number of trustees shall not be less than three but (unless otherwise determined by a resolution of the charity in general meeting) shall not be subject to any maximum. Any member or volunteer can be nominated for potential trusteeship.

Nominees for trusteeship/members of the Management Committee are interviewed by the Chairman, sometimes with the Hon. Secretary; two referees are required in every case and nominations are agreed by the MC before being proposed for election at the AGM. In its trustees the Committee looks for areas of expertise important to the modern charity (e.g. law, finance, IT) and/or practical applications to help the Guild in its day to day work in the shop and hospital trolley services and other activities. In a similar fashion trustees can also be removed by the MC.

At the 2020 AGM Mr Ian McDowell, who had been Co-Chair since 2019, was elected sole Chairman for the forthcoming year. Mr Keith Bottomley CC was reappointed Hon. Treasurer for a further three years but resigned as Vice-Chairman. Mr Christopher Hayward CC was elected Vice-Chairman for the year to come and Ms Lesley Evans reappointed as Hon. Secretary also for the forthcoming year. Mrs Jenny Jeyarajah, who had been Guild Hon. Secretary 2010-19, was elected a trustee to serve for three years initially. Also elected as a new trustee for an initial three years was Mr Neil Ritson who has significant senior experience in the energy industry and interests in medical research. Mr James Ballinger, Mr Chris Hayes, Mr Adrian Stirrup and Mrs Hilary Tarr were re-elected trustees for a second term of three years. Mrs Lynne Warnock retired from the MC having fulfilled two terms of office.

#### **Risk assessment**

The Management Committee has assessed the major risks to which the charity may be exposed and is satisfied that systems are in place to manage exposure to the risks. The categories of risk surveyed cover: governance; operations; finance; external environment; compliance. Some examples of risks include: the ability to sustain the needed level of volunteers and the current level of income, a fall in investment values and returns, reputational risks and unforeseen changes in the operation of the NHS.

These risks are mitigated by active management by the MC and its sub-committees, close consultation with Barts Health NHS Trust Voluntary Services, careful review of investments and monitoring of the professional investment advisers, and liaison at board and senior management level with both Barts Hospital and Barts Health NHS Trust. In addition, there is full compliance with the General Data Protection Regulation (GDPR) introduced on 25 May 2018.

#### Objectives and activities

The objects of the Guild are to help the Royal Hospital of St Bartholomew by providing:

- By personal service and by provision from the Charity's funds, such amenities for the patients and staff as would not be available to them under the National Health Service:
- Such other charitable assistance to the Hospital, its patients, former patients, staff, students and others involved with the affairs of the Hospital as the trustees may determine.

The main activities undertaken by the Guild to carry out these objects for the public benefit are:

- running a general and souvenir shop as an amenity for patients, staff and visitors;
- providing a trolley service for inpatients, selling newspapers, toiletries, confectionery and convenience items:
- making grants for the provision of facilities on wards for patients and staff;
- funding the purchase of clinical equipment;
- maintaining the Princess Alice Garden for the comfort and enjoyment of patients, visitors and staff.

In relation to all the Guild's activities we have paid due regard to the guidance published by the Charity Commission concerning public benefit.

#### **Achievements and performance**

#### The effect of Coronavirus: COVID-19.

Like all organisations, in the UK and worldwide, the impact of COVID-19 significantly disrupted the Guild's services and work. Hospital patient and visitor attendances were vastly restricted and volunteer attendances reduced. Following Hospital and national guidance, the trolley service to Hospital wards remained suspended. Given all the prohibitions and restrictions, the Guild Shop's fulfilment of rather under a half of the previous year's transactions showed the Guild's robustness of service and the continuing important demand on the Shop.

It stands to the Guild's pride, and the Hospital's gratitude, that the Shop has remained open throughout (although online shopping had to be suspended for a lengthy period). We salute those volunteers especially who were able to continue helping the Shop remain so during the year as well as colleagues who ensured that the Guild functioned well in its behind-the-scenes activities. The Princess Alice Garden, too, continued to be open for the comfort and enjoyment of patients and staff. The experience of COVID-19 nationally has pointed up again the value of volunteering in the UK both in the NHS and other sectors.

#### **Shop services**

Apart from legacies, donations and investments, the Guild's chief recurrent income is generated by the Shop and (in normal years) trolley service, the latter to Hospital wards. The Shop's continuing advantages of a central location in the heart of the King George V block, where most of the patients and clinics are based, and the excellent commitment of our Shop and trolley volunteers, have underpinned a very satisfactory stream of income and sales in previous years, pre-pandemic.

Shop income was £85,917 net of VAT (2019-20: £181,302). This was a very creditable performance in the light of COVID-19's disruption and difficulty. The commitment of the whole Shop team is to be lauded. This achievement in most problematic times would not have been possible without the continuous attendance of the Guild's Shop Manager, Mr Andy Haddon, who has demonstrated organisation and professionalism of very high calibre.

#### **Information technology**

The multifunctional website launched in May 2017 has greatly increased the Guild's online capability for new members to join, existing members to renew, for purchasing souvenirs, receiving donations and grant requests as well as providing news, notice of events and charity information.

#### **Membership**

Membership of the Guild stands at 389 members at the year-end, 193 of them being subscription members and/or volunteers. There continues to be take-up of the offer of free Guild membership to students of Barts and The London School of Medicine and Dentistry (BLSMD). Student members number 196 (excluding recent graduates). The activities of the students, however, as well as the Guild's scope for discussions with them, were also affected by the pandemic's onset. In return for membership students may help, where practicable, with Guild activities, and greatly assisted us in previous times with much appreciated donations from their RAG Week. But the chief purpose of the association is to attract the interest of a new generation of practitioners who may continue to support the Guild long after their student days have ended. The Guild, too, offers financial support over several coming years for some educational needs of BLSMD students via the generous donation of Mrs Penny Wainwright and her family.

#### **Grants**

Grants awarded in the year totalled £34,838 for 23 grants to the Hospital. This expenditure is in the broad plane of the target set by the MC for annual grants currently during an extended period when the Guild also made significant non-recurrent investment, for present and future, in a refurbished Shop, an enhanced website, and the renovation of the Princess Alice Garden.

Close to 90% of the above grants' resource this year supported patients' (and some staff's) comforts and facilities, and purchase of equipment and furniture for the Hospital. The following categories show the rounded percentage breakdown of agreed money. (i) Patients' comforts (and some staff support): almost 33%. These included, for example, funding for art psychotherapy, Christmas presents for patients and Christmas lights and tree. (ii) Hospital equipment and furniture purchase, for example ice-making machines for intensive care wards, blood pressure monitors: over 55%. (iii) Educational programmes/courses/training occasions for staff: 9%. (iv) Support for students/elective grants: over 3%.

The inaugural Lorna Glace Memorial Grant was awarded to a pilot scheme for the use of electronic portfolios for cardiac scientist training. Due to the pandemic there was no opportunity to make awards for conference and seminar attendance and Hospital large events.

A full list of grants agreed is contained in this Annual Report's Notes to the Accounts.

#### Estimated numbers of beneficiaries served directly by the Guild

The year saw almost 40,500 sales transactions relating to footfall in the Shop, by patients, visitors and staff. The average sales value of a transaction was just over £2.

#### Estimated hours worked by the Guild volunteers during the year

During the year the Guild's active volunteers of all types, front line and management/administration, contributed approximately 2,700 hours of work for the charity and, therefore, the Hospital. Front line refers to the Shop and (in normal years) ward trolley rounds, Monday-Friday, Saturday-Sunday; management/administration includes officers and other trustees and management committee meetings, subcommittee meetings and consultations, membership secretary, co-ordinators for grants, website, IT and Princess Alice Garden.

The enumeration and tracking of figures for Shop transactions and front line volunteer hours are considered more accurate for 2020-21 than for some previous years.

#### **Financial review**

The Financial Statements are set out in this Annual Report. The salient features of financial performance and resource are outlined in the Hon. Treasurer's Report.

The charity's income for the year was £135,142 (2019-20: £335,046). Investment income totalled £17,015 (2019-20: £16,854). The Guild's total funds are £802,107 (2019-20: £720,338). The Guild greatly appreciated a grant of £10,000 from the City of London Corporation to help our work and service during this demanding year. (In this context it is also worthy of note that donations were made, through the Guild, by City Livery Companies intended to support NHS front line staff in the hospital). The treasury responsibility and financial oversight are undertaken most capably by Mr Keith Bottomley CC as Hon. Treasurer and Mrs Hilary Tarr as Assistant Treasurer/Bookkeeper, while several other trustees also have wide financial experience.

#### **Reserves Policy**

Our policy for the financial reserves is that we should endeavour to hold sufficient to cover at least a year's expenditure on Shop-related and other expenses, together with the current aim of spending about £25,000 to £35,000 per year on grants, or somewhat more if needs prevail. The outlay on the Princess Alice Garden in recent years is regarded as an exceptional grant in its extent but the new Garden will benefit the Hospital for many years to come.

Therefore with reserves of £802,107 the current resources are well in excess of this level. We are conscious that in recent years the charity's financial position has been much enhanced by the receipt of some substantial legacies and improved turnover in the relocated Shop. We believe that the current financial standing of the charity will enable us to further develop and to expand our grant-giving ability to help the NHS Trust. Based on the current level of its reserves, the charity is well able to meet its projected obligations and liabilities and has no uncertainty over its continuing status as a 'going concern' as at the signing date.

#### **Beyond the landscape of Coronavirus: COVID-19**

That the Guild has served Barts Hospital so effectively for so long is due to consistency of volunteering and adaptability to changing times. As healthcare and society begin to come out increasingly from the shadows of COVID-19 and the work of the Hospital wholly recharges, the Guild will rebuild its previous level of services and scope of activities: to take one small but appreciated example, resumption of its Christmas individual gifts to in-patients.

However, some circumstances and conditions of hospitals, healthcare and society will change as a result of the experiences of the pandemic. Some of these can be anticipated at least in general terms; for example, there are signs that COVID-19 has added spur to the spirit of volunteering that can well aid services and resources across the NHS. Another trend can be foreseen within which we are beginning to examine new possibilities. Over time patients may expect their own electronic devices to help ordering from such as the Guild Shop and there may develop changes in the ways items are delivered to patients, while retaining the Guild's social interaction with patients (and their visitors) that has always been an appreciatively embraced feature of our service.

The Guild will review and craft new routines in its work as individual and corporate expectations may demand. These do not always require extra cash. The great physicist Ernest Rutherford liked to say "We haven't got the money, so we'll have to think".

#### Plans for future periods

The trustees examine and consult on future needs and issues, mindful of being responsive to changing patient needs and hospital developments. Over a forthcoming five-year period we aspire to:

- enlarge the range of Shop stock, provided that space permits and is supported by our continuing review of stock policy;
- consider how we might facilitate online pre-ordering for some categories of Shop goods (including consideration of orders from inpatients in wards, especially if there are suitable means of technology);
- raise the level of grants (provided that the financial position allows through Shop income, improved fundraising, investments and bequests: for example, investment income has contributed well to the level of grants made);
- increase membership numbers, both subscription members and active volunteers, and including aspiration to increase the number of our corporate supporters: particularly by further raising of the Guild's profile within the City of London through increased networking and the recruitment of Corporate Friends there;
- assist the Hospital as a fundraising channel to meet specific and/or exceptional demands;
- support further Barts Hospital in the planned celebration of its 900<sup>th</sup> anniversary in 2023.

Maximising the website's capacity is important in helping with several of these initiatives.

#### **Support**

Barts Health NHS Trust continues to be greatly supportive of its oldest service-providing volunteer charity. We are also very appreciative of the support for and interest in the Guild of our Royal Patron HRH The Duke of Gloucester and his officials. We welcome and value the Patron's counsel.

The Guild has always been grateful for offers of support from businesses and other outside bodies, especially local ones and those in the City of London, and has appreciated, too, the interest of those of their staff that have expressed support for us. Barts Guild has been particularly grateful in 2020-21 for the financial support provided by the City of London Corporation.

Approved by the trustees on 22 July 2021 and signed on their behalf

Ian McDowell

Chairman

# **Update for 2020-2021**

Ian McDowell

The Annual Report focuses on the financial year 2020-2021 but in this section we also mention some activity in the current financial year in order to bring Guild members and others as up-to-date as we can with the charity's developments. Some of this information has previously been noted in Barts Guild News, which is also available on the Publications page of the Guild website.

# **Trustees and Management Committee (MC) members**

At the Guild's 2020 AGM, held virtually on Zoom as described elsewhere in this report, lan McDowell was elected Chairman, with Christopher Hayward CC appointed as Vice Chairman and Lesley Evans re-elected as Honorary Secretary. Keith Bottomley CC was reappointed as Honorary Treasurer. James Ballinger, Chris Hayes, Adrian Stirrup and Hilary Tarr were reappointed as trustees.

Former Honorary Secretary Jenny Jeyarajah was appointed as trustee and was joined by a new face on the Management Committee, Neil Ritson, who also became a trustee. Neil has worked in the energy industry for over 40 years, he has a strong interest in medical research and has been an ambassador for Blood Cancer UK and for the Centre for Cancer Immunology at Southampton.

During the year, we were also pleased to welcome Silvia Roccato to the Management Committee. As an auditor with M&G but with a background in healthcare, Silvia is ideally qualified to bring her experience and expertise to the Grants Committee.

We warmly welcome Neil and Silvia to the Management Committee but we also note the departure of four members: Lorna Glace having sadly died in January 2021, Valeria Locatelli having resigned as Co-Chair, Lynne Warnock having retired as trustee, and Dr Andrew Smith who resigned as trustee in January 2021, needing to make more space for his fast-developing medical career which we will follow with interest.

## Shop and trolley service



The Guild shop has remained open during a difficult past year, though with slightly reduced hours of 0800-1500 Monday to Friday. Footfall and sales were significantly down on pre-pandemic times, due in large part to severe restrictions on hospital visiting and move to online clinics. Sadly, the trolley service has been suspended throughout. The shop counter has been protected by a Perspex screen, and the wearing of face masks is requested in line with other retail outlets. Despite these challenges, the shop has continued as a valuable and resilient service to the Hospital.

Since the start of the pandemic, the shop has been strongly supported by a core group of committed volunteers under the expert leadership of shop manager Andy Haddon. Our 10% staff discount on food and drink is ongoing and the small reduction in revenue is greatly outweighed by the increased goodwill towards the Guild.

The product range and stock levels have been closely controlled to minimise expiry-date wastage, and overall returns in terms of percentage have been consistently maintained. At the time of writing, it is noticeable that the Hospital is holding more in-person clinics, with an increasing number of patients in the KGV Atrium waiting to be called, and the Guild is therefore optimistic of a steady increase in shop turnover.

Christmas cards and the 2022 Guild calendar are now available, either directly from the shop or online at www.bartsguild.org.uk/souvenir-store. Also new are the quality prints of Barts Hospital shown below, featuring the Barts Square fountain, and the Henry VIII Gatehouse.





#### **Grants**

A full list of 2020-21 grants awarded to patients, staff and departments of the hospital is shown in the Notes to the Accounts. The Guild's grant-giving has been impacted by the very severe restriction on the holding of in-person courses and conferences which, assisted by a Guild grant, Hospital staff frequently attended in order to refine their skills and share best practice. Thankfully there are indications that such events are now resuming. In the section below are two first-hand accounts from grant recipients of the benefit of the activity which they undertook.

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Barts Guild supported **Musie Tsehaye** in attending the European Respiratory Society's first international conference, on Respiratory Failure and Mechanical Ventilation 2020 in Berlin, as reported in last year's Annual Report. Musie is an ICU physiotherapist who worked as a cross-site rotational physiotherapist between St Bartholomew's and The Royal London Hospital. He continues to support the development and education of physiotherapy staff who rotate between the sites, whilst working at the Royal London Hospital. He gives an account below of how the conference, right at the start of the pandemic, was important in his subsequent work in the area of respiratory failure.

"With thanks to Barts Guild, I was able to experience a variety of expert-led lectures exploring the advances in acute and chronic adult respiratory failure, as well as participate in hands-on practical skills covering respiratory monitoring, such as ultrasound techniques involving the lung and diaphragm in the critical care environment. The conference provided opportunities to network with colleagues internationally and within London, sharing developments in ICU, physiotherapy practice and the unprecedented coronavirus pandemic. Key highlights from the conference were understanding ventilator dyssynchrony, adverse reactions from ventilation, rescue therapies for respiratory failure including recruitment manoeuvres and proning, and ICU diagnostic techniques encompassing ultrasound, oesophageal balloon monitoring, bronchoscopy, and considering how the physiotherapy profession can interlace with advances in the ICU field.

At the time of the conference, the coronavirus pandemic had not been declared, however the situation quickly changed in our hospitals. Admissions rose daily with suspected coronavirus and respiratory failure diagnoses, everyday wards 'flipped' to accommodate rising needs for COVID zones, as well as respiratory wards juggling higher demands for CPAP and high flow oxygen therapy. Simultaneously, the demand for critical care beds, PPE and equipment exceeded supply, diluted staffing ratios used to provide ICU care with increasing workload strain, as well as the psychological, physical and emotional trauma staff were continuously exposed to during unrelenting waves of the pandemic.

I have been able to utilise some areas of the conference into clinical practice, and disseminate learning through multidisciplinary teaching including redeployed workforce, joint clinician sessions, as well as engage in discussions on improving clinical practice. Some aspects of the knowledge gained were practically challenging to incorporate, due the risk of aerosol generating procedures, medical instability, limiting equipment exposure to COVID areas, and preserving PPE supplies. On the other hand, the information gained improved my confidence to impart key evidence-based skills to physiotherapists and wider staff to support daily patient management, improve confidence managing respiratory failure, monitoring and optimising ventilatory changes, escalating and discussing alternative treatment strategies, and ultimately improving the care we provide to our patients. The conference has given me the ability to engage in discussions and projects exploring ventilation optimisation, and weaning strategies to enhance liberation from mechanical ventilation, e.g. using transcutaneous CO<sub>2</sub> monitoring, lung ultrasound and respiratory muscle training.

Thanks to Barts Guild, attending this conference has given me the motivation to continue developing personally, impart evidence-based skills to physiotherapists working between the sites and at trust-wide physiotherapy courses, as well as highlight areas to explore within the physiotherapy profession."

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Final-year medical student **Ruari McGowan**, recipient of a Barts Guild Elective grant from the Dr Laurence Cartledge Memorial Fund, writes of his recent experience.

"I chose to spend my elective gaining experience in health journalism with the BBC. While many students choose to spend time in a medical specialty they may not have had exposure to at university, I thought it would be beneficial to spend time in something allied to medicine I was interested in.

I joked when starting that being a reporter is not much different to a medical student in certain ways. As a medical student you take histories, which can feel like you are interviewing your patient, to find out what's going on, what got them to you today and what their context is, to form an overall idea of how you can help the patient. As a reporter you interview your guest or sources to find out what's going on, how things got to how they are and the context around it, so you can then weave it into a cohesive narrative to better inform the public. Doing a live report to a camera is not entirely dissimilar to presenting one of these histories to a consultant; at times it is less nerve-wracking.

I got to utilise my medical knowledge and also the education I have had in how to read and appraise medical literature to better inform stories and to back them up with evidential proof too. It was great to get opportunities to go into studio and deliver medical explainers, on topics from the reasoning behind age limitations on vaccine roll-out to how all the research in the last 18 months on vaccine technology has expedited research into other viral illnesses such as Ebola, and realise that this research could lead to new trials and candidate vaccines being developed.



It was a very fun elective and I would definitely recommend doing something a bit different to any medical students in the future. While we may not have gotten to go abroad this year I really enjoyed my time at the BBC working with some highly talented journalists and presenters who were incredibly encouraging and supportive. I look forward to gaining further experience in TV in the future and hopefully aligning the two interests more directly after my foundation training.

The help provided by the Barts Guild was a real asset in enabling me to undertake the elective without adding to my financial worries. It allowed me to be fully flexible with my availability so I could make the most of my time in health journalism without having to try and fit in extra part-time work around it, so many thanks to the Guild for this."

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Other grants awarded during the year included funding for 'Coping through Connection and Creativity: Art and Wellbeing Online Forum', designed to support Hospital Staff during and post Covid-19. This culminated in an exhibition of work in the Great Hall, as shown below. Also shown is a drawing by Sue Fidler, Palliative Care Clinical Nurse Specialist.





Online courses have still been accessible throughout the pandemic. The Guild funded a member of Therapies who undertook the course 'Dysphagia for Speech & Language Therapists'. She stated: "By attending this course, I will increase my knowledge in diagnosing and rehabilitating patient swallows, which will lead to more confident and effective management. This will in turn improve patient quality of life and swallow recovery outcome potential, as well as contributing to reducing complication risks and reducing length of hospital admission."

We received gratifying feedback from an applicant who was funded by the Guild to undertake the Prince2 Project Management course. Her role is to improve the experience of cancer patients and to increase engagement with them. She completed the course successfully and sent us the following message: "I thoroughly enjoyed the course itself and have already started using my learning in projects related to cancer care at SBH. I am very grateful that you were able to provide this opportunity for me."

Finally, the Guild has enabled departments to obtain items of equipment, including Hand-Grip Dynamometers for ICU Therapies assessment, blood pressure monitors for early discharge patients, E Tran Frames for use in Critical Care units as a communication aid, and sterile ice-making machines for patients in Adult Critical Care Units to provide relief, especially in summer months, for those who cannot eat or drink.

#### **Events**

#### AGM Guest Speaker

The 2020 Annual General Meeting was held online rather than as a gathering in the Great Hall at Barts, as necessitated by Government restrictions. However, the proceedings followed the usual pattern and the President welcomed guest speaker Will Palin, Chief Executive of Barts Heritage. After the business of the meeting, Will and Chairman Ian McDowell entered into a dialogue entitled 'Barts Great Hall through the ages'. Will Palin leads the campaign for restoration of the Hospital's North Wing and especially the Great Hall. He placed both these in the context of their mid-eighteenth century origin and its themes of philanthropy and improved healthcare. Future restoration needs to protect the Wing's assets at the same time as opening up currently unused areas to exist in harmony with older styles, and provide additional resources for the Hospital as it moves towards and beyond its 900<sup>th</sup> milestone in 2023.

#### A Celebration of Christmas

While our traditional Christmas concert could not be held in the Great Hall in 2020, the Barts and The London Music Society produced a very special online performance which was posted on YouTube, together with details of how to donate to the Guild. The recording was painstakingly edited from recordings made using performers' iPads and phones, and featured a Zoom choir, instrumental numbers, solo singers and, of course, readings from Guild 'guest artists', Ian and Jan.

Our thanks go to the Barts and The London Music Society and also to Will Palin of Barts Heritage and Great Hall staff who facilitated recordings that were made on site.

#### Founders' Day Walk, 2 June 2021



The prime mover in the creation of a Women's Guild for Barts Hospital in 1911 was **Milicent Moore**, wife of Norman Moore, later Sir Norman, an eminent physician at Barts. It was Milicent who rallied Barts Guild's first Committee, and helped set out its vision. It was Milicent whose single-mindedness in stimulating the Guild's foundation has touched the lives of countless patients and professionals from 1911 up to the present day. As President of a Royal College, Sir Norman already has a place in history whereas Milicent, despite the impact she made on the lives of so many of the less fortunate, has been less well served by formal posterity. This is the balance we are seeking to redress.

Norman's first wife Amy, Milicent's cousin, died young and Milicent nursed her at their London house, **94 Gloucester Place**, using skills she had honed while living and working full-time at the Saint Margaret's Settlement in Bethnal Green, an Anglican refuge for vulnerable women and girls. Milicent was later to marry Norman and help him to bring up his three children; Gillachrist, Ethne and Alan. She also brought her Sussex house and farm, Hancox, which she had bought at the age of 20 to their marriage and they were to move there from Gloucester Place in 1907. Hancox remains to this day in the Moore family.

On the 2<sup>nd</sup> June 1911, Milicent would have put on a long summer dress, buttoned her boots, and stepped out on the steps of 94 Gloucester Place to walk to the house of her friend Mrs Helen Tooth at **34 Harley Street**, where the Guild's very first meeting, chaired by Milicent, was to be held. The meeting would later be recorded by Milicent in fountain pen in a Minute dated 12<sup>th</sup> July 1911. That summer was one of the hottest on record, and while in the West End of London this meant a walk in the park, in the warrens of crumbling streets around Barts it meant typhoid, cholera and dysentery.

Milicent's walk was recreated on 2<sup>nd</sup> June 2021, 110 years later, with both 94 Gloucester Place and 34 Harley Street as key points along the way in the **Founders' Day Walk**, created and hosted by Ian McDowell, the Guild's current Chairman.

With the support of the Guild, the distinguished Moore family and the Cities of London and Westminster MP, we hope to make a strong case to English Heritage that Milicent Moore's remarkable life deserves to be properly commemorated in the form of a **Blue Plaque** on 94 Gloucester Place. It is also envisaged that a Westminster Green Plaque might also be erected on the site of the house at 34 Harley Street (now a post-War building called 30 Harley Street), to record the names of all the Guild's founding women.

## **Christmas at Barts Hospital**



The difficult days of December 2020 were cheered up by the presence of a Guild-funded Christmas tree located in the KGV Atrium and decorated in festive red and gold. In addition, the Guild paid for the installation of permanently-available lights to adorn the trees in the Square.

Sadly it was not possible to make a trolley round to the wards on Christmas Day, but the Guild was able to donate to a fund which purchased presents for patients in the Hospital's wards, and also to a fund which gave presents to Radiography patients who received treatment in the days leading up to 25 December.



#### **Guild website**

During a year in which so much of our daily life was conducted virtually, our website continued to be the primary channel through which the Guild was able to announce news, make available its publications, and sell its Guild-branded merchandise online. While lockdowns meant that, for a time, most online sales had to be put on hold, orders of smaller items such as cards and calendars could still be fulfilled in time for Christmas. New additions to the online store's range include two high quality prints on art paper of the fountain in Barts Square and the Henry VIII Gatehouse (pictured on page 8), sales of which will benefit the Guild and also Vital Arts, the Trust's Arts charity. This works to deliver a range of artistic activities and displays to help create stimulating and uplifting environments for the wellbeing of patients, staff and the wider hospital community.

## **Engagement with Barts and The London Students' Association (BLSA)**

Following the cancellation of final-year student elective placements originally planned for summer 2020, it was gratifying that the programme could be resumed in 2021, albeit for placements in the UK for the most part. The Barts Guild Elective Grants could therefore be awarded, and this year there were five students who received support to gain insight and experience in their chosen field, the money having been kindly donated by the Wainwright family in memory of Dr Laurence Cartledge, former Barts Ophthalmologist. A report from Dr Ruari McGowan can be read in this report, and it will be our intention to publish the four further reports in *Barts Guild News* and on the Guild's website in the coming months. Free membership of the Guild continues to be offered to students of Barts and The London School of Medicine and Dentistry, and there remains a healthy interest. As students graduate, they are invited to sign-up as paid members of the Guild.

Discussion is now underway for the Barts and The London Students' Association President to attend regularly our Management Committee meetings, to strengthen co-operation and support between the Guild and Barts' students. The possibility may beckon of a joint activity during Barts' 900th anniversary. The continuing interest in us of some past BLSA Presidents is appreciated and can also help to build our road for the future.

## **Publications and Publicity**

#### Calendar 2021 – How spare copies were used to benefit the Hospital

It is widely known that, due to COVID-19, footfall in the Hospital fell dramatically leading up to Christmas, and social events were cancelled. Consequently, calendar sales were much reduced and many remained unsold.

At a Guild Management meeting in early spring, a proposal was made and agreed that a calendar be gifted to the Masters of all the City Livery Companies. An accompanying letter, to explain a new initiative to raise funding to aid the health and wellbeing of hard-pressed and demoralised staff working hard through the pandemic, was prepared and signed by the Guild's Chairman and Vice-Chairman. Many Livery Companies have a Hall in the City of London and many others take office space with them, so more than 60 could be hand-delivered. Guild members volunteered to prepare the distribution which took place in March. A staggering £6,500 was donated with the added benefit of a raised profile for Barts Guild amongst a significant City community. The funds included a donation from the Guild and a City law firm, and have been passed over to the Hospital where they were most gratefully received. The Guild has been informed that they could be used for a variety of projects including: provision of drinks and snacks in the staff wellbeing hub, team exercise classes to promote team wellbeing, purchase of a bike repair stand; expanded storage for Brompton bikes, and improved shower facilities in the catering block. We trust that these measures will serve as encouragement to staff and endorsement of their dedication through stressful times.

#### Calendar 2022

The latest calendar edition, 'Surrounded by London's heritage', showcases the historic environs of Barts and features some of the fascinating places of interest to be discovered within easy walking distance of the hospital. With a neat use of technology, it includes a QR code that enables you to access guided walks of the locations from the Guild's website. Calendar front and back covers are illustrated at each end of this document. Most sincere thanks are due to Neil Ritson for his care, attention and expertise in producing such an attractive item which is sure to have wide appeal.

#### **Barts Guild News**

Anyone who doubted that Barts Guild News would have much to include during the lockdown months will have been nicely surprised by the November 2020 and May 2021 editions. Packed with news about the Guild and Hospital, they also included articles on figures of historical interest from the Guild's past, and tributes to those associated with our charity who have recently passed away. As well as accounts of events such as the Founders' Walk, and the visit of the Duke and Duchess of Cambridge to Barts, it has also turned an eye to news of our volunteers who are the beating heart of the Guild, never more so than during the pandemic. Thanks go as ever to editor Jan O'Neill for her dedication and tirelessness in producing such an excellent publication, which is available by post to members of the Guild, as well as archived on the Guild website.

## **Fundraising**

In June 2021, Barts Guild trustee and Assistant Treasurer Hilary Tarr, combined her love of walking and mountain climbing with her commitment to the Guild when she invited sponsorship for completing the 96-mile West Highland Way. From the start at Milngavie, Hilary's eight-day walk took in Loch Lomond, the dramatic Rannoch Moor, the Mamores and Lochaber before finishing at Fort William, close to Ben Nevis.

With the weather thankfully smiling on her, Hilary raised over £1,000 through sponsorship, and all fundraising has gone to helping the Guild support the Hospital, its patients and staff. Congratulations and huge thanks go to her – and her sponsors – for such a successful initiative.



#### **Princess Alice Garden**

Since October 2020 the Princess Alice Garden has witnessed a Royal visit, faced an architectural challenge and made good use of a welcome boost to our funds. In October, the Duke and Duchess of Cambridge visited the garden when they came to Barts Hospital to launch the Duchess's photographic exhibition 'Hold Still', a digital exhibition which was a unique collection of portraits of the U.K, captured during the coronavirus lockdown.





Lily of the Valley made their first appearance in the Garden this spring.

The architect challenge? Last February, pieces of masonry started breaking away from the Henry VIII gateway which dates from 1702. An assessment for a restoration programme to repair the damage was undertaken, and restoration has involved the erection of scaffolding over the gateway and the western end of the garden. The table and slate plaque have been enclosed in a protective material, and the maple trees and plants have been moved to a safe distance within the garden, as illustrated in the first picture above. While it is not yet known how long the repairs will take, the garden is thankfully open and safe for visitors.

The funding for the garden received a grant in 2019 from the Metropolitan Public Gardens Association which supports public gardens and parks open to the public (see article in *BGN* May 2021).

Thanks to the diligence and expertise of our gardeners Graeme and Noel, the garden remains a haven of peace and tranquillity – full of colour and perfume and shaded by the plane trees – for our visitors to enjoy their lunches or a few moments of quiet reflection.

## And finally...

It is both strange and sobering to note that this is the second Annual Report that has inevitably been dominated by references to the knock-on effects of the pandemic. Charities in whatever sphere they operate have felt the impact of the last two years, but as one that exists to support the patients and staff of a Hospital Trust – and has lost one of its Management Committee members to this dreadful disease – Barts Guild has felt it very sharply indeed.

That said, there is hope for the future, and we believe Lorna Glace – with her positive outlook and 'get-the-job-done' spirit – would have been the first to point that out.

The vaccine roll-out is well advanced, lockdowns are, so we very much hope, at an end and there are tentative signs that 'normal life', whatever that is, is just around the corner.

So once again this year we applaud every one of our volunteers, just as we do all the medical, nursing and administrative staff of the Hospital and the Trust.

This awful pandemic has shown how fragile our lives can be but also, once more, how important is the volunteering spirit and work by which we all sustain each other. This year the Guild is 110 years old. It has many more chapters to write and anniversaries to come.

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# Change takes place all around





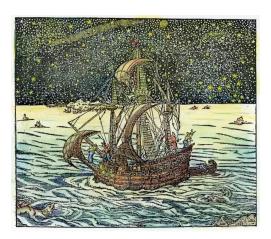
Readers may recall from the last edition of this Report that a Nuffield Health private hospital is being established in unused parts of Barts on lease to Nuffield for this purpose. This glass structure will be a future pedestrian entrance between the Giltspur Street and West Smithfield road signs.

Little Britain forms one part of the boundary of Barts Hospital on its north-eastern side, and the Smithfield end was closed for many months to permit construction of new flats and businesses, together with re-paving at street level. Now it is a pleasant pedestrian thoroughfare, but still awaits a full complement of owners and tenants to become the Hospital's close neighbours.

# **Our Chairman's letter**

# "Looking to the stars"





Like the East End churchwarden who decided one day to cheer up his hard-pressed Vicar by painting the church's lavatory seats silver (a true story), necessity calls forth invention. Any charity focused on hospital staff, patients and volunteers would have struggled over the past year. But far from being a time of unrelieved bleakness, the gloom has been pierced by gleams of inspiration.

Technology has helped. Before the pandemic, most of us had rarely, if ever, spoken with people via our computer screens. It feels like second nature now. Oddly, Zoom has made us more attentive to one other, not less. We've become experts on the bookshelves and pictures that pop up in people's backgrounds, discovering hobbies and interests we didn't know they had. People's quirks are more familiar too. One person I speak to regularly on Zoom, a respected lawyer, sits so stock-still I thought his data feed had broken down. "You've frozen, David!" I shouted at my screen. He hadn't.

The second half of the year brought a gradual return to something resembling normality, and we held our very first Annual Founders' Day Walk on 2 June, summer hatted, almost as if nothing had changed. Attendees included distinguished former shop volunteer Daphne Hamilton Fairley, whose late husband Gordon was one of Barts' most distinguished cancer specialists, together with some of our most outgoing current shop volunteers. A farinaceous pub lunch concluded the happy affair.

The Founder's Day Walk, now an annual fixture (*please put 2 June 2022 in your diaries now!*) is a product of the soul-searching that always goes on in times of challenge and change: Who are we? How did we come about? How can we be true to this inheritance? In looking back, we have re-discovered, and re-animated, the visionary women who responded to another time of national change and challenge - 1911 - with a practical, dogged determination to make things better. The Guild's story is one of the most inspiring in the entire charity world. Because we were already well-established by 1914, the horrors of the First World War, in which two of our Founders lost sons, led to voluntary female mobilisation on a biblical scale, and by the time of the Jazz Age, the Women's Guild of Barts was one of the most renowned and well-funded charities in Britain, even finding the thousands of guineas (they would be millions today) needed to endow a Barts sideward *in perpetuity* at a time when hospitals were funded in this way. We, their legatees and devotees, find bottomless strength in this many-faceted story.

By far the saddest event we confronted this year was the death from COVID19-related illness of one of our most popular volunteers, Lorna Glace. Lorna, a shop and trolley volunteer for many years, brought clear, regular Grants Reports to the management committee. But it was the person we recall most vividly: a quiet, determined campaigner not just for the Guild, but for the whole spectrum of its beneficiaries, a woman cut from the very same cloth as our Founders. Two initiatives emerged from this profound shock: an annual grant for cardio-vascular care, and an annual career development award for an outstandingly promising BME member of staff, hosted in partnership with the Barts BME Network. Both would have brought the broadest of smiles to Lorna's face. Lorna is remembered most fondly.

As we look to a new year, and to a new Chair, in the warm and unmistakeable form of Chris Hayward CC, we continue to find the steer we need for the challenges of the present by looking both ways: back to the stars of the past; and forward to the stars of the future. With a sky so full of stars, how can we fail to chart our way?

#### Ian McDowell

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# **Obituaries**

**Alexander Badenoch** sadly died aged 73 as a result of complications of Covid-19 on 26 November 2020. He was a long-term supporter of Barts Guild; this arose from his family association with Barts where his father Alec was a consultant surgeon with a global reputation who set up the Department of Urology in the 1950s, and his mother Jean, also a doctor, who was a strong influence on the Guild and President in 1976. His younger brother David was also a consultant urologist at Barts. Alexander spent the best part of a year as a patient in Barts when an adolescent during 1964-65 with a life-threatening illness which he courageously overcame with the aid of the excellent care he received; this redefined his life. Prior to the illness, he was destined to be a top class sportsman. After qualifying as an accountant, he subsequently had a highly successful career in business, creating three significant nationwide companies in succession. His generosity, loyalty and legendary humour characterised him. Many organisations, charities and individuals, among which was Barts Guild, benefited from his benevolence and support. Alexander had a first class financial brain but also the ability to light up a party with his exceptional and original wit. His youngest son Jamie continues the family association with Barts, qualifying in medicine in Birmingham and will be taking up his foundation year posts at Barts and the Royal London in August 2021. Alexander is hugely missed, not only by Minnie, their three children and his extended family but also by the large number of friends and colleagues as well as organisations which he cherished and supported.

**Lorna Glace**, who died from Coronavirus-related complications in January 2021 aged 56, was a gracious presence in Barts Guild. Sometimes passionately-spoken, more often gently commenting and sympathetically listening, Lorna also played her full part in her Hackney community, singing in a choir and attending a local church.

Her Civil Service career saw her concerned with the development of skills and business in the public service. It included the prestigious editorship of a Whitehall staff publication dedicated to issues of racial equality and diversity and she brought to this both commitment and understanding.

But Lorna also developed a parallel career – at Barts Hospital – finding fulfilment and friendship. It was experience of her late mother's illness, and her wish to give something back for the care her mother received, that drew her to Hospital volunteering and to the Guild. For over a decade she was a mainstay of our shop trolley service to patients: the good friend, the good neighbour to all patients and staff.

Respect for her volunteering led in 2015 to her joining the Management Committee and then to become the Guild's Grants Co-ordinator, a role to which she brought accomplishment and enjoyment. We have now instituted annually The Lorna Glace Memorial Grant so that knowledge of Lorna's contribution — and she had so much more to give us — will be kept alive in years to come. There will be a grant too, in her name, to help foster the career development of a member of Barts staff of BME heritage.

Her mother, Lorna said, came to this country as part of the 'Windrush' generation. Her mother's daughter was to become an admired volunteer in one of the world's oldest and finest hospitals. It was a journey of which Lorna was justly proud. There are many memories of Lorna, affectionate descriptions that we would summon, intimate insights we might share. Perhaps, however, a master of English John Milton should best speak of her for us: "Grace was in all her steps".

**Mrs Mary McNab Jones** died on 3 April 2021, having been a member of Barts Guild for 53 years, Chairman, and Vice-President for 38 years. On becoming a member of the Guild in 1968 she immediately became a volunteer in the shop and was always ready to help with Guild fundraising activities such as Fairs and supper parties. She was elected a member of Council in 1973; however, the Council was dissolved in 1974 following a revision of the constitution, and the Council and Executive Committee merged to become the Committee of Management. Mary was elected Vice-Chairman of this Committee in 1974 and Chairman in 1977.

During her Chairmanship, Mary oversaw several significant events. One of these was the closure of the Work Room group of volunteers in 1978, partly due to not having a room to meet in, and the surgical dressings which they had made for the Hospital for 67 years were then purchased commercially. However, the members of the group worked from home supplying knitted goods for the shop and the wards.

In 1979 men were admitted to the Guild as members and 'St. Bartholomew's Women's Guild' became 'The Guild of the Royal Hospital of St Bartholomew'. In 1979 Mary received an unusual request for volunteers during a period of industrial action: the Guild was asked to supply volunteers to help maintain essential hospital services. The response was magnificent and it was for the benefit of the patients.

Mary was married to Robin, (1922-2001), an ENT surgeon at Barts. They had four children and lived in Beckenham. She had a very kind, thoughtful and warm personality, which endeared her to everyone she met. She was also an excellent chairman. She had a beautiful singing voice and had formed a choral group in Beckenham which often gave recitals to the great pleasure of their audiences. Her grandchildren called her the 'Singing Granny'. She retired to Leamington Spa, to live near her daughter and attended several Barts Guild AGMs. Thank you, Mary, for all you did for Barts' patients and staff with so much grace and many kindnesses.

#### The Guild has also been informed of the death of the following members:

**Mr John Fell** in January 2015 **Mrs Patricia Gardner** 

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The church within the Hospital precincts, St Bartholomew the Less, stands adjacent to the Princess Alice Garden, both offering a quiet place for contemplation.

Inside the church, this chancel window shows St Luke, while in the Garden, *Rosa* 'Princess Alice' reaches for the light in this shady spot.

#### The Guild of the Royal Hospital of St Bartholomew



#### **ANNUAL GENERAL MEETING 2020**

#### **MINUTES**

of The Annual General Meeting of the Guild of the Royal Hospital of St Bartholomew, Thursday 29 October 2020 at 2pm via Zoom

#### 1. Opening of the AGM

Ian McDowell, Chairman, opened the meeting and welcomed the Lady Mayoress Mrs Hilary Russell, Shrieval Consorts Mrs Alexandra Hayward and Mrs Elizabeth Mainelli, volunteers, trustees, members, committee members and guests to the Barts Guild Annual General Meeting 2020. The virtual company numbered approximately twenty-eight attendees. Apologies had been received from eight members of the Guild.

#### 2. President's welcome - Mrs Ann Wickham

Mrs Wickham, President, gave the following address:

"A warm welcome to you all to the 108<sup>th</sup> Annual General Meeting of the Guild of the Royal Hospital of St Bartholomew, and our first virtual meeting. We are delighted to welcome back the Lady Mayoress, Mrs Hilary Russell who came to our AGM in 2016 as one of the Shrieval Consorts. We also welcome back Mrs Alexandra Hayward and Mrs Elizabeth Mainelli, who both attended last year's meeting as Shrieval Consorts. I should explain that this year the two City of London sheriffs are serving a second year because of the disruption caused by the coronavirus.

And a virtual welcome to our committee members and trustees and to all our members and volunteers and to the Revd. Marcus Walker, Rector of Barts the Great and Less, and to our new Hospitaller, Revd. Jonathan Livingstone, who joined us in September.

Our speaker today is Will Palin, Chief Executive of Barts Heritage, who will talk about 'Barts Great Hall through the Ages'. We are delighted to welcome you here today.

A few years ago I talked to you about the qualities which I believe are needed by any successful commercial, vocational or voluntary organisation: commitment, communication and continuity. This year there is a fourth quality: the ability to recognise and overcome the challenges which the coronavirus has presented to us. The fact that we are able to meet today, albeit virtually, is one example of the resourcefulness with which we are overcoming these challenges.

I have often mentioned the Guild's Silent Army, our dedicated volunteers who are keeping the wheels turning: the wheels of administration, finances, the Guild Shop, membership, recruitment, grants and publicity; our thanks are due to all those who serve, in Betjeman's words, "Barts hallowed fountain, stones and square". Our morale was certainly lifted by the encouraging telephone calls from our patron HRH The Duke of Gloucester and from the Lady Mayoress, and we thank you both.

I'd like to introduce you to a group of ladies from many parts of London and elsewhere, among them Doris, Beryl, Brenda, Dorothy, Carmen and Julie, who have continued to make beautifully knitted children's garments, cards, bags for us to sell in the shop to raise money for Barts. A special group with some very fascinating stories to tell about their lives and families.

These past few months have been a time of loneliness and loss, frustration, bewilderment and fear for so many of us. But it has also been a time to get to know and recognise our neighbours and help them as they help us, how and where we can. It is also been a time to recognise the resourcefulness, patience and the humanity of all members of the medical profession who care for so many patients, and those who look after our hospitals, remembering they all have homes to go to, when they can, and still have to care for their own families. And it's a time to sit and finish that book, write that promised letter, make that telephone call and sit and listen to some favourite music.

In 1914 W.B. Yeats wrote this epigraph: 'In dreams begins responsibilities'. The dreams of our founders in 1911 have always remained our responsibility throughout the last 109 years, and we will continue to care for Barts' patients, staff and students as long as it is in our power.

In a few weeks' time it will be Advent, a time to prepare for Christmas; even the coronavirus cannot destroy 2,000 years of faith. It is a time of love, hope and peace, whatever the circumstances we are facing. And this is our wish for all of you, your families and friends for the coming season and beyond."

The Chairman thanked Ann Wickham for her address.

#### 3. Minutes of the 2019 AGM

The Minutes of the AGM held on 17 October 2019 were received by the meeting as a correct record.

#### 4. Annual Report and Accounts 2019-20

The Hon. Treasurer presented the Report and Accounts for the 12 months ended 31 March 2020 confirming that they have been prepared as usual, reviewed by the Finance and Accounts Committee, approved by the Management Committee on 2 July 2020 and that Blue Spire had completed an Independent Examination. The accounts show the Guild's finances continuing in good health. The COVID-19 pandemic had minimal impact on the finances of the Guild in the year to 31 March 2020. There is, of course, an impact in the current financial year.

The year reflects further increased levels of service provided to the hospital by the shop, the award of nearly 40 grants, completion of the investment in the Princess Alice Garden and receipt of significant legacies. Total income, excluding an unrealised loss on investments, exceeded total expenditure by £84,304 in the year. After an unrealised loss in the value of investments of £14,348 the total surplus for the year is just short of £70,000. This includes significant legacies of £112,000.

The Guild's investments and cash balances have generated income of £16,854, an income yield on the investments of 3.5% over the 12 months. The value of investments have recovered since the end of March by £70,000 to £511,000 at the end of September.

The Treasurer reported that it was not possible to conduct a stock take and valuation at 31 March 2020 due to COVID-19 restrictions. The stock figure has therefore been calculated based on a gross profit margin of 27% and a physical count and valuation was completed on 30 September 2020.

Total Charity Funds at 31 March 2020 were £720,338 compared to £650,382 the previous year. The Treasurer made the point that, with legacies receive over the past two years and the investment income, The Guild has considerable grant-making capacity.

Before proposing that the accounts be adopted, the Treasurer thanked the Assistant Treasurer and Bookkeeper, Hilary Tarr, for her outstanding work during the year.

The Chairman invited questions on the accounts and since none were forthcoming, he proposed that the Report and Accounts be received by the meeting. This was seconded and the meeting gave its approval. The Chairman thanked Keith Bottomley CC for his continuing role as Hon. Treasurer and for his role as Vice-Chair up to the present. He thanked Sheriff Christopher Hayward CC for overseeing the Guild's investments and for assuming the role of Vice-Chair from the date of the meeting. He thanked Hilary Tarr for her ongoing role as Assistant Treasurer/Bookkeeper.

#### 5. Chairman - Election of Officers and Committee Members

#### 5.1 Officers

The Chairman reported the resignation of Miss Valeria Locatelli as Co-Chair, noting with thanks her considerable contribution to the Guild over several years. He also reported that Mr Keith Bottomley CC (Treasurer and Vice-Chair) would stand down as Vice-Chair for one year.

On the recommendation of the Management Committee in meeting on 24 September, the Chairman confirmed the following elections: Mr Ian McDowell as Chairman for one year; Sheriff Christopher Hayward CC as Vice-Chair for one year; Ms Lesley Evans to continue as Hon. Secretary for a second one-year term. On the recommendation of the Management Committee, the Chairman confirmed the reappointment of Keith Bottomley CC as Hon. Treasurer for a further three years.

#### 5.2 Members of the Committee of Management

The Chairman reported the retirement from the Committee of Mrs Lynne Warnock, having served six years as Trustee, and thanked her for her service to the Guild. On the recommendation of the Management Committee in meeting on 24 September 2020, the Chairman reported the appointment as Trustee of Mr Neil Ritson and Mrs Jenny Jeyarajah, and the appointment of Silvia Roccato to the Management Committee. The Chairman welcomed all appointees.

For completeness, these minutes also record the Management Committee's re-appointment as Trustees of James Ballinger, Chris Hayes, Adrian Stirrup and Hilary Tarr for a further three years.

#### 6. Chairman's Report - Mr Ian McDowell

The Chairman referred to his letter in the Annual Report and reference to Nurse Mazie Calcutt who figures on the cover of the Guild's calendar 2021. He commended the calendar to all members and friends, available through the Guild's shop, and thanked his co-producers Andrew Phillips and Jenny Jeyarajah. He then addressed the meeting as follows:

"When I lived in Ireland I was a keen cyclist and I used to go deep in the local countryside where there was a junction called Six Road Ends, where no fewer than six meandering country roads all came together in one place with no roundabout or traffic lights. It was as if the motor car had never been invented. It was one of those powerfully atmospheric places. There was a ruined cottage there, which had been the home of Betsy Gray, a local folk heroine. This isn't a ghost story, and I'm not going to tell you I saw her, but it was extraordinary how the kids couldn't cycle past without saying "That's Betsy Gray's cottage"

Being Chairman of an old association serving an ancient hospital has brought those feelings back again. It feels like being the person who stands at the crossroads between past, present and future. There's actually a scientific basis to the idea that that past, present and future are all equally present; that different points in time are as present to us as different points on a map. Einstein called it the space-time continuum. In quantum theory it's called block time, or block theory. Just because we don't fully understand it doesn't mean it's not true.

So, as the person who stands at the crossroads of past, present and future, what do things look like? Sometimes I feel the ladies in long dresses from 1911 literally breathing down my neck. But there's more to it than that. Looking along one winding road I see the world out of which the Guild emerged: Dark Satanic Mills and slums known as 'rookeries', some of which existed as close to Barts as Cloth Fair, and weren't demolished until 1917.

Looking another way, I see the crucible of late Victorian and Edwardian dreams of social progress, of Pygmalion and Howard's End, of early feminism and socialism, of the Asquith Liberal Government's introduction of National Health Insurance in 1911, the year the Guild was founded. It really isn't possible to understand the Guild without reference to that pivotal historical moment.

Looking along another road, I see the present moment, all of us present to each other, despite being images on a screen. Why is that? Why do we feel so present to each other when, according to classical eighteenth century enlightenment science, we most assuredly are not?

As the person who stands at the crossroads, I can tell you why. We are present to each other now because we are also present to Helen Tooth, Maria Bowlby, Agnes Clarke, Milicent Moore, Mary Griffith,

and Eleanor (Lady) Sandhurst. And they are present to us, as present to us as Birmingham and Manchester are present to London.

And looking along yet another road, I can see the future. It is not without its uphill moments, not without its potholes and switchbacks, but you know what? Perhaps surprisingly, perhaps not, it looks very much the same as the other roads, very much part of the same journey, the journey that is all about bringing that extra bit of love and humanity to what is almost certainly the greatest hospital in the world. The past may be another country, but, mysteriously, the past and the future are as present to us now as we are to each other."

The Chairman concluded by thanking the Lady Mayoress and Shrieval Consorts for attending and for the warm relationship enjoyed by the Guild with the City Corporation, this having been curiously cemented by the pandemic.

#### 7. Address by the Lady Mayoress, Mrs Hilary Russell

Mrs Russell thanked the President and Chairman for their welcome to her party and expressed her pleasure at seeing all who had come together on the screen. She offered her congratulations to those who had been appointed to official positions and Guild's management. Barts has a special place in the hearts of City-located Londoners, and she was pleased to note that Freedom of the City of London had been granted to a number of Barts' staff. She looked forward to the talk by Will Palin later in the meeting.

Mrs Russell commended the Guild for having risen to the current challenges as it had to the challenges presented by the two world wars. She offered congratulations to staff of the Guild Shop for their uninterrupted efforts over the past year; it had been her privilege to meet some of the volunteers who had contributed so many hours and had thereby made a difference to the Hospital's patients and staff. She thanked the Guild's corporate sponsors for their benefaction which had helped towards the Guild's work. She was pleased to note the large number of grants awarded over the past year, including those specifically aimed at patient care. Finally she thanked the Guild for being part of the spirit of volunteering in the City, and for the gifts of 2021 calendars.

After the address, the Chairman expressed his thanks to the Lady Mayoress on behalf of all present.

#### 8. Forthcoming events

Due to the pandemic, the Lord Mayor's Show is regrettably cancelled this year.

Our regular concert, 'A Celebration of Christmas', cannot take place physically but a virtual concert is planned for Tuesday 8 December 2020.

The Annual General Meeting for 2021 will take place on Thursday 28 October.

#### 9. Any other business - Mr Ian McDowell

There was no further business, and formal part of the meeting was closed.

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# All then enjoyed a dialogue between Guest Speaker Mr Will Palin and Chairman Mr Ian McDowell entitled 'Barts Great Hall through the ages'.

Will Palin leads the campaign for restoration of the Hospital's North Wing and especially the Great Hall. He began by noting that early 18<sup>th</sup> century England was becoming culturally more confident, with construction aiming to match many great buildings in Europe, citing the Royal Naval College at Greenwich as public display of economic, naval and cultural power.

Commenced in 1730, Barts' North Wing was the first Hospital construction of the period, designed by James Gibbs, and was followed by the remaining blocks with a central square. The Great Hall was the showcase, combining the encouragement of philanthropy and provision of improved healthcare for local residents. Even the Hogarth paintings on the walls above the very elegant staircase reflected benefaction and the staircase gave a sense of rising from the dark ground floor into the light.

Future restoration is a heavy responsibility, with the need to maintain both heritage and health in order to lift spirits and instil a sense of well-being. The Great Hall, with its ordered panels and flamboyant ceiling, will remain as a grand space to maintain the theme of benefaction and welfare of staff, but there are also rooms above the staircase not currently used, and these need opening up. The 900<sup>th</sup> anniversary of the Hospital in 2023 is an event on which minds can be focused with a view to fundraising for projects designed to restore and protect these wonderful assets in the care of the Hospital Trust. Barts Guild will continue to offer support and looks forward to witnessing exciting developments as they unfold.

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In autumn 2020, staff volunteers from Metrobank, Cheapside branch, assisted in the Princess Alice Garden by pressure-washing the paving stones to help keep them free from dirt and lichen. Quite possibly, feet got washed too! The Guild is most grateful for their assistance with what is a constant challenge on account of the birds which perch in the trees shading the garden and constantly leave their mark on the surfaces below.





The colours of the *Acer* show up beautifully against the stonework of Surgery House, and complement the delicate plants of the flower beds.





# **Report of the Honorary Treasurer**

#### Report of the Honorary Treasurer for the year ended 31 March 2021



The year-end accounts for the 12 months to 31 March 2021 reflect the impact of the pandemic across a full 12-month period. They have been prepared as usual, were reviewed by the Finance and Accounts Committee, and approved by the Management Committee on 22 July 2021. Blue Spire have completed an Independent Examination.

Notwithstanding the impact of the pandemic on shop income, the accounts, overall, show the Guild's finances to be in continued good health. The shop remained open throughout the lockdowns, continuing to support the hospital, 23 grants were awarded and a legacy of £5,000 was received from Sir Michael Stear.

Total income, excluding an unrealised gain on investments, fell short of total expenditure by £9,534 in the year. After an unrealised gain in the value of investments of £91,304, the total surplus for the year is £81,770. Legacies received over the past 3 years amount to £267,000.

Grants were awarded in the year totalling £34,838, with grants totalling £4,207 being unpaid at the year end and have therefore been cancelled and written back into reserves. The Guild's investments and cash balances have generated income of £17,015, slightly higher than the previous year.

Shop sales at £85,917 were substantially down on the previous year when they were £181,302. This is as a direct result of the reduced footfall in the hospital caused by the pandemic. That said, the shop remained open throughout which is a great testament to our shop manager, Andy Haddon, and our wonderful volunteers. The gross profit margin in the shop remained at 27% in line with the previous year. After direct expenses, the shop reported a loss of £13,540 which was substantially mitigated by receipt of a £10,000 retail grant from the City of London Corporation.

Membership subscriptions increased again from £2,543 to £3,060. Fundraising income was minimal given the effects of the pandemic. Administration expenses were £8,711 in the year.

The Debtors figure of £2,519 reflects income received in March and not banked until April, as well as Gift Aid of £1,890 due from HMRC on qualifying membership subscriptions and Penny Wainwright's donation. Creditors of £10,007 include shop salary, VAT and grants of £7,938 awarded but not paid at 31 March 2021.

The Guild's investments show an unrealised gain of £91,304 at the year-end as markets recovered from the pandemic-related crash, and have generated an income yield of 3.5% over the 12 months. £170,000 of free cash balances remain on two 12-month fixed deposits with Cambridge & Counties Bank and United Trust Bank. The deposits are protected under the Financial Services Compensation Scheme.

Total Charity Funds at 31 March 2021 were £802,107, up from £720,338 at 31 March 2020 and compared to £650,382 at 31 March 2019. All Charity Funds are unrestricted funds apart from £1,583 re Chris Davies' legacy.

My grateful thanks as ever to our Assistant Treasurer and bookkeeper, Hilary Tarr, who does a fantastic job managing the not insignificant number of financial transactions each year, and keeps excellent records from which I do the easy bit and prepare the accounts.

## **Keith Bottomley CC Honorary Treasurer**

# Independent Examiner's Report to the Trustees of The Guild of the Royal Hospital of St Bartholomew

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Geoffrey Frost BSc (Hons) FCA Blue Spire Limited Cawley Priory South Pallant Chichester West Sussex PO19 1SY

Date: 16 August 2021

# THE GUILD OF THE ROYAL HOSPITAL OF ST BARTHOLOMEW FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### All Funds Year Ended 31 March 2021

#### **Statement of Financial Activities**

|                                            |       | Unrestricted<br>Funds | 2020-21<br>Restricted<br>Funds | Total    | 2019-20<br>Total<br>Funds |
|--------------------------------------------|-------|-----------------------|--------------------------------|----------|---------------------------|
|                                            | Notes | £                     | £                              | £        | £                         |
| Income and Endowments from:                |       |                       |                                |          |                           |
| Donations and Legacies                     | 2     | 27,432                | 1,550                          | 28.982   | 125,792                   |
| Charitable activities                      | 3     | 85,917                | -                              | 85,917   | 181,302                   |
| Other trading activities                   | 4     | 3,228                 | -                              | 3,228    | 11,098                    |
| Investments                                | 5     | 17,015                | -                              | 17,015   | 16,854                    |
| Total income                               |       | 133,592               | 1,550                          | 135,142  | 335,046                   |
|                                            |       |                       | ,                              | <b>,</b> |                           |
|                                            |       |                       |                                |          |                           |
| Expenditure on:                            |       |                       |                                |          |                           |
| Raising funds                              | 6     | 5,057                 | -                              | 5,057    | 5,066                     |
| Charitable activities                      | 7     | 139,619               | -                              | 139,619  | 245,676                   |
|                                            |       |                       |                                |          |                           |
| Total expenditure                          |       | 144,676               | -                              | 144,676  | 250,742                   |
|                                            |       |                       |                                |          |                           |
|                                            |       |                       |                                |          |                           |
| Income/(expenditure) excluding investments |       | (11,084)              | 1,550                          | (9,534)  | 84,304                    |
|                                            |       | ( , ,                 | •                              | ( , ,    | •                         |
| Net (loss)/gains on                        |       |                       |                                |          |                           |
| investments (unrealised)                   | 11    | 91,304                | -                              | 91,034   | (14,348)                  |
|                                            |       |                       |                                |          |                           |
| Net income/(expenditure)                   |       | 80,220                | 1,550                          | 81,770   | 69,956                    |
| Transfers between funds                    | 16    | -                     |                                | -        | -                         |
| Net movement in funds                      |       | 80,220                | 1,550                          | 81,770   | 69,956                    |
| B 111 11 66 1                              |       |                       |                                |          |                           |
| Reconciliation of funds:                   | 1.0   | 710 754               | 1 500                          | 720 227  | CEO 202                   |
| Total funds brought forward                | 16    | 718,754               | 1,583                          | 720,337  | 650,382                   |
| Total funds carried forward                | 16    | 798,974               | 3,133                          | 802,107  | 720,338                   |

# THE GUILD OF THE ROYAL HOSPITAL OF ST BARTHOLOMEW CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### **Balance Sheet as at 31 March 2021**

|                                                                                                                                                  | Notes          | 2020-21<br>£                                 | 2019-20<br>£                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------|----------------------------------------------|----------------------------------------------|
| Fixed assets Investments  Total investments                                                                                                      | 11             | 532,367<br><b>532,367</b>                    | 441,063<br><b>441,063</b>                    |
| Current assets Stocks Debtors Cash at bank and in hand  Total current assets                                                                     | 12<br>13<br>14 | 15,875<br>2,308<br>261,564<br><b>279,747</b> | 13,736<br>2,519<br>284,149<br><b>300,404</b> |
| Liabilities Creditors: amounts falling due within one year Net Current Assets                                                                    | 15             | 10,007<br>269,740                            | 21,129<br>279,275                            |
| Total Net Assets  The Funds of the Guild of the Royal Hospital of St Bartholomew Restricted income funds Unrestricted funds  Total charity funds | 16<br>16       | 3,133<br>798,974<br><b>802,107</b>           | 1,583<br>718,755<br><b>720,338</b>           |

These financial statements have been prepared in accordance with the Financial Reporting Standard 102 SORP.

Approved by the trustees on 22 July 2021 and signed on their behalf

lan McDowell 2008

Ian McDowell Trustee Keith Bottomley CC

Trustee

# THE GUILD OF THE ROYAL HOSPITAL OF ST BARTHOLOMEW FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### **Notes to the Accounts**

#### 1. Accounting policies

#### General information, scope and basis of the financial statements

The Guild of the Royal Hospital of St Bartholomew is an unincorporated charity registered in England and Wales under a constitution with the charity number 251628. The address of the principal office is given in the charity reference and administrative details page and the nature of the charity's operations and principal activities are provided in the Report of the Trustees.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The charity does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

#### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion, legacies will be notified to the charity; however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Interest income is recognised using the effective interest method and is recognised as the charity's right to receive payment is established.

#### **Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under expenditure on charitable activities and includes grants to organisations and the cost of administering the activity of the charity.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grant. Where grants are conditional relating to performance, then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity. Support costs are allocated to expenditure on charitable activities on the basis that this is the sole activity of the charity.

Governance costs are those incurred in the governance of the charity and primarily associated with the constitution and statutory requirements.

#### **Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

#### VAT

The charity is registered for VAT and prepares returns currently under the Flat Rate Scheme for small businesses. On this basis costs are recorded inclusive of VAT within the SoFA, and income is reduced by the VAT payable at a rate of 4% within the SoFA.

#### **Investments**

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently they are measured at fair value with changes recognised in 'Net gains/(losses) on investments' in the SoFA if the shares are publicly traded or their fair value can otherwise be measured reliably. Other investments are measured at cost less impairment.

#### **Stocks**

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost includes all costs of purchase, costs of conversion and other costs incurred in bringing stock to its present location and condition. Provision is made for damaged, obsolete and slow-moving stock where appropriate.

#### Debtors receivable and creditors payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash in hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Taxation**

The charity is considered to pass the tests set out in sections 521 to 536 Income Tax Act 2007 (ITA 2007), as such no income tax is payable on the charity's activities.

#### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the charity for particular purposes. The cost of raising and administering such funds is charged against the specific fund. The aim and use of each restricted fund are set out in the notes to the financial statements.

#### **Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

The trustees conclude that the impact of COVID-19 can be mitigated due to the reserves which can be utilised to support the charity during a period of reduced income.

#### 2. Donations and legacies

| Zi Donations and regacies | Unrestricted   | Restricted | 2021           |
|---------------------------|----------------|------------|----------------|
|                           | Funds          | Funds      | Total Funds    |
|                           | £              | £          | £              |
| Donations                 | 10,539         | 1,550      | 12,089         |
| Grants                    | 10,000         | -          | 10,000         |
| Legacies                  | 5,000          | -          | 5,000          |
| Gift Aid                  | 1,893          | -          | 1,893          |
|                           | 27,432         | 1,550      | 28,982         |
|                           | Unrestricted   | Restricted | 2020           |
|                           | Funds          | Funds      | Total Funds    |
|                           | £              | £          | £              |
| Donations                 | <i>10,726</i>  | -          | <i>10,726</i>  |
| Grants                    | 500            | -          | 500            |
| Legacies                  | <i>112,434</i> | -          | <i>112,434</i> |
| Gift Aid                  | 2,132          | -          | 2,132          |
|                           | 125,792        | -          | 125,792        |

#### 3. Charitable activities

| 5. Chartable activities     | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | 2021<br>Total Funds<br>£ |
|-----------------------------|----------------------------|--------------------------|--------------------------|
| Guild Shop sales net of VAT | 85,917                     | -                        | 85,917                   |
|                             | 85,917                     | -                        | 85,917                   |
|                             | Unrestricted<br>Funds      | Restricted<br>Funds      | 2020<br>Total Funds      |
|                             | £                          | £                        | £                        |
| Guild Shop sales net of VAT | 181,302                    | -                        | 181,302                  |
|                             | 181,302                    | -                        | 181,302                  |

#### 4. Other trading activities

|                                               | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | 2021<br>Total Funds<br>£ |
|-----------------------------------------------|----------------------------|--------------------------|--------------------------|
| Business rate refund Barts NHS Trust          | -                          | -                        | -                        |
| Christmas concert                             | 115                        | -                        | 115                      |
| Membership subscriptions (excluding Gift Aid) | 3,060                      | -                        | 3,060                    |
| Fundraising                                   | 53                         | -                        | 53                       |
|                                               | 3,228                      | -                        | 3,228                    |

#### 4. Other trading activities (continued)

| ,                                             | Unrestricted<br>Funds | Restricted<br>Funds | 2020<br>Total Funds |
|-----------------------------------------------|-----------------------|---------------------|---------------------|
|                                               | £                     | £                   | £                   |
| Business rate refund Barts NHS Trust          | <i>4,059</i>          | -                   | 4,059               |
| Christmas concert                             | <i>3,904</i>          | -                   | 3,904               |
| Membership subscriptions (excluding Gift Aid) | <i>2,543</i>          | -                   | <i>2,543</i>        |
| Fundraising                                   | <i>592</i>            | -                   | <i>592</i>          |
|                                               | 11,098                | -                   | 11,098              |

#### 5. **Investment income**

| J. Investment income    | Unrestricted          | Restricted          | 2021                |
|-------------------------|-----------------------|---------------------|---------------------|
|                         | Funds                 | Funds               | Total Funds         |
|                         | £                     | £                   | £                   |
| Income from investments | 15,580                | -                   | 15,580              |
| Bank interest           | 1,435                 | -                   | 1,435               |
|                         | 17,015                | -                   | 17,015              |
|                         | Unrestricted<br>Funds | Restricted<br>Funds | 2020<br>Total Funds |
|                         | £                     | £                   | £                   |
| Income from investments | <i>15,273</i>         | -                   | <i>15,273</i>       |
| Bank interest           | <i>1,581</i>          | -                   | <i>1,581</i>        |
|                         | 16,854                | -                   | 16,854              |

# 6

| Unrestricted<br>Funds | Restricted<br>Funds                                                   | 2021<br>Total Funds                                                                      |
|-----------------------|-----------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| £                     | £                                                                     | £                                                                                        |
| 2,660                 | -                                                                     | 2,660                                                                                    |
| 600                   | -                                                                     | 600                                                                                      |
| 1,797                 | -                                                                     | 1,797                                                                                    |
| 5,057                 | -                                                                     | 5,057                                                                                    |
| Unrestricted          | Restricted                                                            | 2020                                                                                     |
| Funds                 | Funds                                                                 | Total Funds                                                                              |
| £                     | £                                                                     | £                                                                                        |
| <i>2,525</i>          | -                                                                     | <i>2,525</i>                                                                             |
| <i>1,298</i>          | -                                                                     | <i>1,298</i>                                                                             |
| 1,243                 | -                                                                     | 1,243                                                                                    |
| 5,066                 | -                                                                     | 5,066                                                                                    |
|                       | Funds £ 2,660 600 1,797 5,057  Unrestricted Funds £ 2,525 1,298 1,243 | Funds £ £ 2,660 - 600 - 1,797 - 5,057  -  Unrestricted Funds £ £ 2,525 - 1,298 - 1,243 - |

 $<sup>\</sup>ensuremath{^{*}}$  Approximately 20% of the calendars formed a free gift to the Hospital.

## **7. Expenditure on charitable activities Unrestricted Restricted** 2021 Funds **Funds Total Funds** £ £ £

| Cost of goods sold                                         | 62,258       | - | 62,258       |
|------------------------------------------------------------|--------------|---|--------------|
| Shop-related expenses:                                     | 22.240       |   | 22.240       |
| Salary                                                     | 32,348       | - | 32,348       |
| Volunteer travel expenses                                  | 46           | - | 46           |
| Other shop expenses                                        | 3,967        | - | 3,967        |
| Shop telephone costs                                       | 396          | - | 396          |
| Other expenses:                                            | 410          |   | 410          |
| Consultancy fees                                           | 419          | - | 419          |
| AGM costs                                                  | -            | - | -            |
| Independent Examiner: Annual examination                   | 810          | - | 810          |
| Independent Examiner: Other services                       | 432          | - | 432          |
| Printing, postage, stationery                              | 925          | - | 925          |
| Insurance                                                  | 543          | - | 543          |
| Subscriptions                                              | 479          | - | 479          |
| Website upgrade costs                                      | 115          | - | 115          |
| Miscellaneous expenses                                     | 1160         | - | 1160         |
| Princess Alice Garden maintenance                          | 5,089        | - | 5,089        |
| Total expenses                                             | 108,987      | - | 108,987      |
| Grants paid/awarded to St Bartholomew's Hospital           |              |   |              |
| Removal expenses to apartment with lift access             | 385          | _ | 385          |
| 4 Handgrip Dynamometers for ICU Therapies assessment       | 935          | _ | 935          |
| Staff Art Psychotherapy project                            | 2,587        | _ | 2,587        |
| 20 blood pressure monitors for early discharge patients    | 2,567<br>517 | _ | 2,567<br>517 |
| Publish case report of patient's journey at Barts; patient | 317          |   | 317          |
| with rare heart/cancer disorder (contribution)             | 200          | _ | 200          |
| Furniture items for cardiology discharge lounge            | 6,747        | _ | 6,747        |
| Christmas presents for patients in 23 wards at Barts       | 2,760        | _ | 2,760        |
| Contribution to dental work consequent on cancer drug      | 2,700        |   | 2,700        |
| treatment                                                  | 750          | _ | 750          |
| Permanent lights for trees in Barts Square                 | 3,240        | _ | 3,240        |
| Christmas tree in KGV Atrium                               | 2,339        | _ | 2,339        |
| Therapies team-building event                              | 2,339<br>70  | _ | 2,339<br>70  |
| Christmas presents for Radiography patients                | 60           | _ | 60           |
| 3 E-Tran Frames for use in Critical Care units as          | 00           | _ | 00           |
|                                                            | 331          |   | 331          |
| communication aid                                          | 331          | - | 331          |
| Online course: Dysphagia for Speech & Language             | 200          |   | 200          |
| therapists                                                 | 300          | - | 300          |
| Barts Guild Elective Grants                                | 1,500        | - | 1,500        |
| Two ice-making machines for Critical Care units, floors 1  |              |   |              |
| and 6 (balance of contribution)                            | 4,271        | - | 4,271        |
| Two ice-making machines for Cardiology unit floor 3        | 4,887        | - | 4,887        |
| Licences and tablets for online training tool              | 950          | - | 950          |
| Course: Non-medical Prescribing for physiotherapists       | 2,010        | - | 2,010        |
| Unpaid grants 2020-21                                      | (4,207)      | _ | (4,207)      |
|                                                            | ( '/==/ )    |   | ( .,=0, )    |
| Total grants                                               | 30,632       | _ | 30,632       |
| iotai gianto                                               | 30,032       | _ | 30,032       |
| -                                                          | 120.610      |   | 120 110      |

| Licences and tablets for online training tool        | 950     | - | 950     |
|------------------------------------------------------|---------|---|---------|
| Course: Non-medical Prescribing for physiotherapists | 2,010   | - | 2,010   |
| Unpaid grants 2020-21                                | (4,207) | - | (4,207) |
| Total grants                                         | 30,632  | - | 30,632  |
|                                                      | 139,619 | - | 139,619 |
|                                                      |         | - | -       |

7. Expenditure on charitable activities (continued)

| 7. Expenditure on charitable activities (cont             | inuea)        |            |                                                |
|-----------------------------------------------------------|---------------|------------|------------------------------------------------|
|                                                           | Unrestricted  | Restricted | 2020                                           |
|                                                           | Funds         | Funds      | Total Funds                                    |
|                                                           | £             | £          | £                                              |
| Cost of goods sold                                        | 132,362       | -          | 132,362                                        |
| Shop-related expenses:                                    | 20.270        |            | 20.270                                         |
| Salary                                                    | <i>38,378</i> | -          | <i>38,378</i>                                  |
| Volunteer travel expenses                                 | 2,228         | -          | 2,228                                          |
| Other shop expenses                                       | 8,051         | -          | <i>8,051</i>                                   |
| Shop business rates                                       | 4,059         | -          | 4,059                                          |
| Shop telephone costs                                      | 466           | -          | 466                                            |
| Recruitment advertising                                   | 6,882         | -          | 6,882                                          |
| Other expenses: Consultancy fees                          | 598           |            | <i>598</i>                                     |
| AGM costs                                                 | 1,035         | _          | 1,035                                          |
| Independent Examiner – Annual examination                 | 810           | _          | 810                                            |
| Independent Examiner - Other services                     | 216           | _          | 216                                            |
| IT support costs                                          | -             | _          | -                                              |
| Printing, postage, stationery                             | 805           | _          | 805                                            |
| Insurance                                                 | 648           | _          | 648                                            |
| Subscriptions                                             | <i>538</i>    | _          | <i>538</i>                                     |
| Helpers' parties                                          | <i>987</i>    | _          | <i>987</i>                                     |
| Website upgrade costs                                     | 5,260         | -          | <i>5,260</i>                                   |
| Miscellaneous expenses                                    | 336           | -          | 336                                            |
| Princess Alice Garden maintenance                         | 4,159         | -          | 4,159                                          |
| Total expenses                                            | 207,818       | -          | 207,818                                        |
| •                                                         | ,             |            | <u>,                                      </u> |
| Grants paid/awarded to St Bartholomew's Hospital          |               |            |                                                |
| Nurses' Day provision of ice creams for staff             | <i>555</i>    | -          | <i>555</i>                                     |
| Artwork for Quiet Rooms 3A and 6A                         | 5,000         | -          | 5,000                                          |
| Attendance at European Cystic Fibrosis Conference         | <i>694</i>    | -          | <i>694</i>                                     |
| Clothing for Radiography patients post-treatment          | 224           | -          | 224                                            |
| Information pack wallets for newly-diagnosed patients     | <i>259</i>    | -          | <i>259</i>                                     |
| Attendance at European Society of Cardiology Congress     | <i>516</i>    | -          | <i>516</i>                                     |
| Attendance: UCL Critical Care Update for Physiotherapists | <i>195</i>    | -          | <i>195</i>                                     |
| Royal Marsden Haemato-Oncology Study Day                  | 120           | -          | 120                                            |
| Attendance at British Thoracic Soc. Winter Mtg (2 places) | 282           | -          | 282                                            |
| Premises hire/catering for Two Touch 10yr celebration     | 1,000         | -          | 1,000                                          |
| Gym equipment for Oncology patients                       | 180           | -          | 180                                            |
| Contribution to spring clean of St Bartholomew-the-Less   | 260           | -          | 260                                            |
| Respiration through life health and disease module        | <i>425</i>    | -          | 425                                            |
| UKONS poster presentation at Annual Conference            | 312           | -          | 312                                            |
| Applied Respiratory Physiology for Physios course (2 pl)  | 290           | -          | 290                                            |
| Weekly multi-disciplinary Echo breakfast meetings         | 315           | -          | <i>315</i>                                     |
| Purchasing mugs and packing Christmas gifts for patients  | <i>1,232</i>  | -          | <i>1,232</i>                                   |
| Purchase of drinks sachets & labels for Christmas gifts   | <i>503</i>    | -          | <i>503</i>                                     |
| Euro Respiratory Soc. Conf. for Mechanical Ventilation    | 399           | -          | 399                                            |
| Wellbeing and Engagement staff lunch event                | 197           | -          | <i>197</i>                                     |
| Funding Christmas lights in Barts Square                  | <i>2,568</i>  | -          | <i>2,568</i>                                   |
| Barts Guild Elective grant (2 recipients)                 | 1,500         | -          | 1,500                                          |
| Acute Cancer Care module, Royal Marsden Hospital          | 500           | -          | 500                                            |
| Refreshment contribution for 'Shape your Story' event     | 1,000         | _          | 1,000                                          |
| Contribution to memorial bench for late Sister Marmita    | 385           | -          | 385                                            |
| Attendance at Symposium Mammographicum (2 places)         | 1,153         | _          | 1,153                                          |
| Attendance at Soc. for Cardiothoracic Surgery Annual Mtg  | 310           | -          | 310                                            |
| Christmas gifts for volunteers at Christmas concert       | 30            | _          | 30                                             |
| Simotinas giras for Foranceers at Chilotinas Concert      | 30            |            | 30                                             |

## 7. Expenditure on charitable activities (continued)

|                                                           | Unrestricted<br>Funds | Restricted<br>Funds | 2020<br>Total Funds |
|-----------------------------------------------------------|-----------------------|---------------------|---------------------|
|                                                           | £                     | £                   | £                   |
| Refurbishment of Princess Alice Garden for St Barts Hosp. | <i>12,994</i>         | -                   | 12,994              |
| Newspapers/magazines for Cardiology discharge lounge      | <i>261</i>            | -                   | <i>261</i>          |
| Two ice-making machines for ACCU, floors 1 and 6          | <i>5,729</i>          | -                   | <i>5,729</i>        |
| Art Therapy clinical trial                                | <i>285</i>            | -                   | <i>285</i>          |
| Conference on 3D Echocardiography, Milan                  | 2,100                 | -                   | 2,100               |
| Artwork for PALS office                                   | 500                   | -                   | 500                 |
| Fridge for PALS office                                    | 90                    | -                   | 90                  |
| Attendance at Home Mechanical Ventilation UK Meeting      | <i>50</i>             | -                   | <i>50</i>           |
| Refreshments for Barts Leaders' event                     | <i>450</i>            | -                   | <i>450</i>          |
| Attendance at EuroELSO Conference                         | 430                   | -                   | 430                 |
| Unpaid grants 2019-20                                     | (5,435)               | -                   | (5,435)             |
| Total grants                                              | 37,858                | -                   | 37,858              |
|                                                           | 245,676               | -                   | 245,676             |

#### 8. Independent examiner's fees

| o. Independent examiner's rees       |                       |                     |                     |
|--------------------------------------|-----------------------|---------------------|---------------------|
|                                      | Unrestricted<br>Funds | Restricted Funds    | 2021<br>Total Funds |
|                                      | £                     | £                   | £                   |
| Examiner's fees – Annual examination | 810                   | -                   | 810                 |
| Examiner's fees – Other services     | 432                   | -                   | 432                 |
|                                      | 1,242                 | -                   | 1,242               |
|                                      | Unrestricted<br>Funds | Restricted<br>Funds | 2020<br>Total Funds |
|                                      | £                     | £                   | £                   |
| Examiner's fees - Annual examination | 810                   | -                   | 810                 |
| Examiner's fees - Other services     | 216                   | -                   | 216                 |
|                                      | 1,026                 | -                   | 1,026               |

#### 9. Wages and salary cost

| J. Trages and Salary Cost                                         | 2021<br>Total funds<br>£ | 2020<br>Total funds<br>£ |
|-------------------------------------------------------------------|--------------------------|--------------------------|
| Gross wages                                                       | 26,412                   | 36,808                   |
| Employer's national insurance costs                               | 2,288                    | 910                      |
| Employer's pension contributions                                  | 3,648                    | 660                      |
| . , .                                                             | 32,348                   | 38,378                   |
| Staff numbers:                                                    | 2021                     | 2020                     |
| Average head count                                                | 1                        | 1                        |
| Analysed by function: Raising funds                               | 1                        | 1                        |
|                                                                   | 1                        | 1                        |
| Calculated on a full-time equivalent basis, analysed by function: |                          |                          |
| Raising funds                                                     | 1                        | 1_                       |
|                                                                   | 1                        | 1                        |
|                                                                   |                          |                          |

There were no employees with emoluments (excluding employer pension costs) above £60,000 in this or the preceding year.

#### 10. Related party transactions

No remuneration was paid to trustees during this or the preceding year.

During the year under review no trustee had travel expenses reimbursed.

There were no other transactions with related parties that require disclosure in the financial statements.

| TT. THACSCHICHC | 11. | Investments |
|-----------------|-----|-------------|
|-----------------|-----|-------------|

|                                               | 2021    | 2020     |
|-----------------------------------------------|---------|----------|
|                                               | £       | £        |
| Investments at market value – brought forward | 441,063 | 455,411  |
| Additions                                     | -       | -        |
| Change in market value                        | 91,304  | (14,348) |
| Investments at current market value           | 532,367 | 441,063  |

The charity's investments are held in COIF Charity Investment units.

#### 12. Stock

|            | 2021   | 2020   |
|------------|--------|--------|
|            | £      | £      |
| Shop stock | 15,875 | 13,736 |

#### 13. Debtors

|                | 2021  | 2020  |
|----------------|-------|-------|
|                | £     | £     |
| Accrued income | 2,308 | 2,519 |

#### 14. Cash at bank and in hand

|                                         | 2021    | 2020    |
|-----------------------------------------|---------|---------|
|                                         | £       | £       |
| National Westminster account            | 91,314  | 198,969 |
| Cambridge & Counties Bank fixed deposit | 85,000  | 85,000  |
| United Trust Bank fixed deposit         | 85,000  | -       |
| Shop cash float                         | 250     | 180     |
|                                         | 261,564 | 284,149 |

#### 15. Current liabilities

|                              | 2021   | 2020   |
|------------------------------|--------|--------|
|                              | £      | £      |
| Shop creditors               | 318    | 6,239  |
| Grants payable               | 7,938  | 12,039 |
| Other creditors and accruals | 1,751  | 2,851  |
|                              | 10,007 | 21,129 |

## 16. Analysis of net movement in funds

| 2021 Restricted funds 2021                                                 | Total funds<br>brought<br>forward<br>£ | Total incoming resources £ | Total<br>resources<br>expended<br>£ | Transfers<br>between<br>funds<br>£ | Total funds<br>carried<br>forward<br>£ |
|----------------------------------------------------------------------------|----------------------------------------|----------------------------|-------------------------------------|------------------------------------|----------------------------------------|
| Chris Davies legacy +                                                      |                                        |                            |                                     |                                    |                                        |
| Barts NHS Welfare                                                          | 1,583                                  | 1,550                      | -                                   | -                                  | 3,133                                  |
|                                                                            | 1,583                                  | 1,550                      | -                                   | -                                  | 3,133                                  |
| Unrestricted funds 2021 General fund Net gains on investments (unrealised) | 718,754                                | 133,592<br>91,304          | (144,676)                           | -                                  | 707,670<br>91,304                      |
| Total unrestricted funds                                                   | 718,754                                | 224,896                    | (144,676)                           |                                    | 798,974                                |
| Total funds                                                                | 720,338                                | 226,446                    | (144,676)                           | -                                  | 802,107                                |
| 2020                                                                       | Total funds<br>brought<br>forward<br>£ | Total incoming resources   | Total<br>resources<br>expended      | Transfers<br>between<br>funds      | Total funds<br>carried<br>forward      |
| Restricted funds 2020                                                      | £                                      | £                          | £                                   | £                                  | £                                      |
| Chris Davies legacy                                                        | 1,583                                  | _                          | _                                   | _                                  | 1,583                                  |
| 3.1,                                                                       | 1,583                                  | -                          | -                                   | -                                  | 1,583                                  |
| <b>Unrestricted funds 2020</b><br>General fund<br>Net gains on investments | 648,799                                | 335,046                    | (250,742)                           | -                                  | 733,103                                |
| (unrealised)                                                               |                                        | (14,348)                   | -                                   | -                                  | (14,348)                               |
| Total unrestricted funds                                                   | 648,799                                | 320,698                    | (250,742)                           | -                                  | 718,755                                |
| Total funds                                                                | 650,382                                | 320,698                    | (250,742)                           | -                                  | 720,338                                |

#### 17. Analysis of net assets between funds

| ·                   | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | 2021<br>Total<br>Funds<br>£ | 2020<br>Total<br>Funds<br>£ |
|---------------------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| Investments         | 532,367                    | -                        | 532,367                     | 441,063                     |
| Current assets      | 276,614                    | 3,133                    | 279,747                     | 300,404                     |
| Current liabilities | (10,007)                   | -                        | (10,007)                    | (21,129)                    |
|                     | 798,974                    | 3,133                    | 802,107                     | 720,338                     |

#### 18. Defined contribution pension schemes

The charity makes contributions to a pension scheme on behalf of its shop manager who is normally employed by Barts Health NHS Trust. The total payable for the year under review was £3,648 (2020: £660). There were no amounts outstanding at the end of the current period or comparative financial year.

#### 19. Financial Instruments

The carrying amounts of the charity's financial instruments are as follows:

|                                                          | 2021               | 2020               |
|----------------------------------------------------------|--------------------|--------------------|
|                                                          | <b>Total Funds</b> | <b>Total Funds</b> |
| Financial assets                                         | £                  | £                  |
| Measured at fair value through net income/(expenditure): |                    |                    |
| Fixed asset investments                                  | 532,367            | 441,063            |
|                                                          | 532,367            | 441,063            |

The income, expense, net gains and net losses attributable to the charity's financial instruments are summarised as follows:

|                                                                                                                                                                        | 2021<br>Total Funds<br>£ | 2020<br>Total Funds<br>£ |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|--------------------------|
| Income and expense Financial assets measured at fair value through net income/(expenditure): Investment income                                                         | 17,015                   | 16,618                   |
| Net gains and losses (including changes in fair value) Financial assets measured at fair value through net income/(expenditure) Unrealised (loss)/gains on investments | 91,304                   | (14,348)                 |

Fixed asset investments are held at fair value with valuations obtained using last traded or closing bid market prices as available.

#### 20. Statement of Financial Activities 2019-20

|                              |       | Unrestricted | Restricted |         |
|------------------------------|-------|--------------|------------|---------|
|                              | Notes | Funds        | Funds      | Total   |
| Income and Endowments from:  | Notes | £            | £          | £       |
|                              | 2     | 125 702      |            | 125 702 |
| Donations and Legacies       | 2     | 125,792      | -          | 125,792 |
| Charitable activities        | 3     | 181,302      | -          | 181,302 |
| Other trading activities     | 4     | 11,098       | -          | 11,098  |
| Investments                  | 5     | 16,854       | -          | 16,854  |
| Total income                 |       | 335,046      | -          | 335,046 |
|                              |       |              |            |         |
| Expenditure on:              |       |              |            |         |
| Raising funds                | 6     | 5,066        | _          | 5,066   |
| Charitable activities        | 7     | 245,676      | -          | 245,676 |
| Total expenditure            |       | 250,742      | -          | 250,742 |
| Income excluding investments |       | 84,304       | -          | 84,304  |

# 20. Statement of Financial Activities 2019-20 (continued)

|                                                                           | Notes | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>£         |
|---------------------------------------------------------------------------|-------|----------------------------|--------------------------|--------------------|
| Net (loss)/gains on investments<br>(unrealised)<br>Net income/expenditure | 11    | (14,348)<br>69,956         | -                        | (14,348)<br>69,956 |
| Transfers between funds  Net movement in funds                            | 16    | 69,956                     | -                        | 69,956             |
| Reconciliation of funds: Total funds brought forward                      |       | 648,799                    | 1,583                    | 650,382            |
| Total funds carried forward                                               |       | 718,755                    | 1,583                    | 720,338            |

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ALICE AYRES DAUCHTER OF A BRICKLAYER'S LABOURER WHO BY INTREPID CONDUCT SAVED 3 CHILDREN FROM A BURNING HOUSE IN UNION STREET BOROUGH AT THE COST OF HER OWN YOUNG LIFE APRIL 24 1885 THOSE





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Don't forget - Barts turns 900 in 2023!

Details of plans for the upcoming Barts 900th Celebration can be found at www. bartsheritage.org.uk/900th-anniversary/



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